

Appetizer's

Crab Cakes, 4oz (2 per person)
Made w/lump crabmeat, pan fried,
Creole tartar sauce



BBQ Shrimp (3 per person)
Jumbo Gulf shrimp (Pappy's Creole spice)
sweet butter sauce, French bread rounds



New Orleans Chicken Praline (3 per person)
Fried & battered-boneless chicken strips
served w/Bourbon Pecan Praline sauce

Eggplant Caponata (8oz serves 2)
Eggplant, black & green olives, fresh tomatoes
simmered in olive oil, balsamic vinegar,
served w/toast points

Duck Quesadilla (2 per person)
Hardwood roasted duck wrapped in our tortilla
with Creole mustard glaze

Iced Jumbo Gulf Shrimp (5 per person)
Served on bed of spring mix greens, cocktail sauce,
fresh lemon



Desserts

Individual Serving

Tray (12pcs) of assorted miniature French
pastries (éclair, fruit torte, cheesecake, crème
pu , cannoli, Napoleon)

Salted caramel crème Brule parfait
individual 4 oz serving

Tiramisu *The Italian Classic* parfait
individual 4 oz serving

Chocolate trio parfait Mousse - individual 4 oz
serving

Bread Pudding *New Orleans favorite*
with Bourbon Praline Sauce - 8 oz serving

Midnight Raid (12pcs)
Gourmet Cookies: Lemon Coconut Breeze -
Expresso Brownie Deluxe, Oatmeal Coconut
Jumble, Apple Cranberry Harvest
Traditional Cookie Tray Also Available

La Bella's

2118 3rd St. (Jeff. Hwy)
Kenner, LA

Taking care of all your
catering needs since 1966.

Lunch Menu

Serving Hours

Mon. – Fri. 10:30 am - 2:30 pm
504-466-4675 • Fax 504-466-1942

www.labellascatering.com

08/2013

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labellascatering@gmail.com

Airline Catering Service



Salads

Our "entrée-size" salads are made for individual servings; specify dressing if different from description. Available:
Ranch-1000 Island-Italian-Citrus Vinaigrette
-Bleu Cheese-Caesar

Grilled Duck Breast

w/ Creole mustard glaze, served over a bed of spring mixed salad greens, tomato and cucumber, citrus vinaigrette dressing

Grilled Ahi Tuna

Pan seared, over a salad of mix salad greens, cucumber & tomato; Wasabi aioli dressing



Evangeline

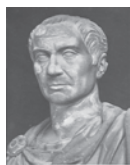
Seasonal fruits (berries / kiwi) & vegetables (cherry tomato, cucumber), spiced pecans on a bed of spring mixed salad greens, citrus vinaigrette dressing

Sicilian Salad

Bed of romaine lettuce, Genoa salami, Romano & Provolone cheeses, artichoke hearts, tomatoes, black & green olives, red onions, balsamic vinaigrette dressing

Caesar **

Traditional Caesar served w/La Bella's house-made Caesar dressing



Garden Variety **

Seasonal French Market vegetables over a bed of spring mix greens, choice of dressing

** Add Grilled or Fried Shrimp . . .

** Add Grilled Chicken . . .

Trays

All trays are made according to seasonal availability.

Crudités Tray

New Orleans French Market vegetables; variety of 5 with choice of Ranch or Bleu cheese dip

Fruit & Cheese Tray

3 imported cheeses 3 seasonal fruits with dip; available in **Fruit Only** (6 fruits)

Morning Sunshine Breakfast Tray

Bagel, Muffins, Fruit Filled Danish, Cinnamon Rolls, Croissants, Scones, and Turnovers; accompanied by condiments. (jellies-butter-cream cheese p.c.'s) Yogurt and granola included



Antipasto Tray

Assorted deli sliced Italian meats - Mortadella w/pistachio nuts, Prosciutto di Parma Ham, Genoa hard salami, Sopressata, Capocollo, with fresh sliced melon; shaved Pecorino Romano cheese for garnish

Kids Delight

P-nut butter and jelly finger sandwiches (16), chocolate chip cookies (8), Zapps baked potato chips (4)



Finger Sandwiches Tray

Ham, Turkey and Roast Beef; Tuna, Chicken and Egg Salad, white & wheat bread; Miniature croissants also available

ZIP Po-Boy Sandwich Tray

(2" cuts, suggest 4 per person)
Start with New Orleans famous ZIP French bread, add your choice of meats (ham, oven roasted turkey breast, slow-cooked roast beef) cheese choices are: Swiss, American, Pepperjack, Provolone; dressed w/mayo-mustard-Creole brown mustard spread and lettuce

Trays

All trays are made according to seasonal availability.

Box Lunches

Assorted *BOARS HEAD* meats (pastrami, cornbeef, ham, turkey, roast beef) Assorted cheeses (Swiss, American, Provolone, pepper jack, Cheddar) choice of potato or pasta salad, fruit cup, Zapps potato chips, cookie; Breads choices are: White, wheat, pumpernickel, rye and French; cutlery/napkin included

Gourmet Sandwich Tray (serves 10)

Assorted meat cocktail poboy, mini mufflets, various wraps, corn beef & pastrami, on pumpernickel & Rye

Entrée's

Baked Stuffed Pork Chop – choice of apple & Andouille sausage stuffing or artichoke dressing, vegetable rice, side salad, dinner roll/butter

Red Beans & Rice – Andouille sausage, side salad, dinner roll/butter

Joe La Bella's homemade meatball and pasta - red marinara sauce, grated Romano cheese on side, house salad, garlic bread

Crawfish Etouffee – over steamed rice, seasonal vegetable, dinner roll/butter

Pasta to Order . . . *by your Design*

Shrimp, Chicken, Andouille, Prosciutto ham, Mushroom, Bell Pepper, Asparagus, Broccoli, Green onion, Tomato. Sauce choices are: cream reduction, Lemon Beurre Blanc, Marinara

Ravioli's (3 large)

- Portobello Mushroom
- Shrimp

Served w/butter-lemon sauce, seasonal vegetable, dinner roll/butter